

TRUCK DRIVERS' SAFETY FUNDAMENTALS

WE ARE DETERMINED TO SAVE LIVES



NO ALCOHOL
OR DRUGS



DO NOT SMOKE,
EAT OR DRINK
WHILST DRIVING



DO NOT EXCEED
SPEED LIMITS



NO OPEN FLAME OR
NON-EX-PROOF DEVICES
IN EXPLOSIVE ZONES



NO MOBILE PHONE
WHILE DRIVING



AVOID FATIGUE,
KEEP REST TIME



ALWAYS USE
APPROPRIATE
PPE



WEAR YOUR
SEAT BELT



PROTECT YOURSELF
AGAINST A FALL WHEN
WORKING AT HEIGHT



ENSURE PROPER
EARTHING
DURING LOADING AND
UNLOADING